

Be Active Busselton Jetty Swim 2011 - Race Briefing

The following information is subject to change

Welcome

The race organizers and sponsors take this opportunity to welcome you to the Be Active Busselton Jetty Swim 2011. For the event to run smoothly and safely it is important that you attend to the following points.

The Course

The swim starts on the East side of the Jetty, rounds the end of the Jetty and finishes on the West side on the beach under the Finish Gate next to the check-in area, a total distance of approximately 3.6 km.

The shortest route is marked with buoys; you should use these as a guide.

For your safety you must keep a good distance away from the Jetty.

Swimmers or support craft are not permitted to go under any part of the Jetty unless directed by race officials.

Wave Starts

Swimmers will start in waves; individuals first in 6 waves, 2 minutes apart; then a 5 minute break before the 2 person teams then another 5 minutes before the 4 person teams.

Note: the final number of waves will be determined once entrant numbers are confirmed

08:00	Wave A	Individuals	Yellow swim caps
08:02	Wave B	Individuals	Fluoro orange swim caps
08:04	Wave C	Individuals	Green swim caps
08:06	Wave D	Individuals	Pink swim caps
08:08	Wave E	Individuals	Purple swim caps
08:10	Wave F	Individuals	Orange swim caps
08:15	Wave G	First swimmers – 2 person teams	Blue swim caps
08:20	Wave H	First swimmers – 4 person and corporate teams	White swim caps

You must wear the swim cap provided at race check-in. It indicates your start wave.

Individuals and first leg relay swimmers are also marked with a start wave letter. (A to H)

There are muster points on the beach, one for each wave. Each point has a flag matching the swim-cap colour for that wave. Please check your swim-cap colour and go to your muster point so that the waves can start on time.

Each wave starts in the water with a 1 minute call-up. Please listen and move promptly when called.

Relay Swimmers

Relay swimmers must tag their team-mate before starting their leg of the swim.

There are three changeover points.

- 1.0 km; next to the jetty on the east side.
- 1.4 km; Allies Landing, next to the jetty on the east side.
- 2.6 km; next to the jetty on the west side.

Relay swimmers should know which relay point they are to start from and proceed there after this briefing.

Check the "start and finish points" table in your race information hand-out.

Change over points – At each point there will be a large yellow buoy 20 metres off the jetty with a rope and floats between. You must swim between the jetty and the buoy to tag your team-mate. Please refer to the diagram you received at check in.

Please take care if using the pontoons; do not jump or dive from them.

Individual swimmers should swim outside the large buoys at each relay changeover.

2 person relay swimmers should swim outside the large buoys at the 1.0 km and 2.6 km changeovers.

Marshalling boats will monitor swimmer conduct and safety.

Post swim clothing - If you need a towel or clothing at the end of your swim make sure your team-mate takes it for you.

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The Finish

Swimmers will be timed electronically using a timing band worn on the ankle.

A timing band should be worn by all individual swimmers and the final leg swimmer for each team.

Please check now that your band is secure.

Note that there is a \$25 replacement fee for lost timing bands.

The finish gate will be some metres out of the water and your time will be recorded as you pass through the timing gate. Assistance will be available for swimmers having difficulty getting up the beach and such assistance will not be grounds for disqualification.

Please move promptly through the finish gate and keep the finish area clear for following swimmers

Upon finishing it is important that you hand in your timing band before leaving the fenced area, and then make your way to the check-in desk to receive your finisher's award.

Official race times will be available at the presentation and at www.busseltonjettyswim.org.au

Withdrawals

It is the responsibility of any swimmer withdrawing from the event to notify check-in as soon as possible and to ensure that their timing band is returned. The finishing swimmer in each team is expected to vouch for the safe return of their team mates.

Safety

Considerable effort goes in to maximising the safety of participants in this event.

On-water safety - The South West Surf Life Saving Clubs Water Safety Group will be attending specifically to on-water safety. They have a jet ski, IRBs, a number of surf skis, and spotters on the jetty, life saving equipment and radio communications. They have a high level of accredited training for this role and will be highly visible. They should be your first option if you have any on water safety concerns. If you require assistance please raise your hand to attract attention.

Support craft - As well as the SLSCs there are numerous support craft, surf skis etc, which are encouraged to remain in close contact with swimmers, without hindering them. If you are tired, you may hang on to a ski or a float. You will not be disqualified unless your forward progress is aided. Support craft; you may be here to support a specific swimmer or team but if you are the closest, please render assistance to whoever requires it, this goes for swimmers also. We are all here to enjoy a great swim in company and in safety. Please look out for one another.

This year's event will be monitored by a Department of Planning and Infrastructure (DPI) patrol vessel for compliance with the Navigable Waters Regulations. The race organizers been granted, a part exemption from these regulations for bona fide support craft. Accordingly all support paddlers must be identified by the wearing of coloured wrist bands. Bands will be issued at the support craft briefing near the start line shortly after this briefing.

All support paddlers must attend this briefing.

Stingers - are always a consideration. If you are concerned by or are sensitive to stingers, wear a stinger suit, rash vest and apply a barrier cream.

First Aid - St John's personnel are at the event today and there is a first aid tent behind the finish area. Should anyone require first aid they should seek help to summon a St John's officer or if possible proceed to the first aid tent. The SLSC officers also have first aid and resuscitation equipment. The St John's officers can call for an ambulance if required.

Fluid and energy replacement - Bottled water and fresh fruit are freely available at the finish.

Sun - Please use sunscreen, which is freely available at the first aid tent. Wear hats, cover up and seek out shade.

Smoking - Please make the Be Active Busselton Jetty Swim 2011 a smoke free event.

The Jetty Structure - Footwear is recommended when walking on the jetty.

Evacuation - 3 air horn blasts is the on-water emergency signal. If there is an evacuation you will be directed by the SLSCs on the water or via the public address system on land.

Personal responsibility -The Be Active Busselton Jetty Swim 2011 is an ocean swim. You swim in an uncontrolled, natural environment. The weather, sea conditions and sea life, your own exertions and numerous other factors all introduce an element of risk. The race organizers go to considerable lengths to maximise your safety but ultimately it is your choice to swim today. Your welfare is your personal responsibility or the responsibility of your legal guardian.

Further Information - For assistance please ask one of the event crew in the Orange Crew Safety Vests or Crew T shirts.

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